

Isolation and Quarantine Protocols based on CDC's 12/27/2021 update:
 (these protocols are subject to change as additional CDC recommendations are proposed)

Individuals with COVID-like Symptoms or tested positive for COVID-19: (Regardless of Vaccine Status)

Isolate yourself for a minimum of 5 days and monitor your symptoms. You are able to return to in-person classes/work when **all four** of the following CDC criteria have been met.

1. At least 5 days since symptoms first appeared **and**
2. At least 24 hours with no fever without the use of fever-reducing medication **and**
3. Other symptoms of COVID-19 are improving or have completely resolved (and no new symptoms appear) **and**
4. Continue to wear a mask/face covering around others for 5 additional days after isolation is discontinued.

Potential Exposure to a COVID-19 positive individual:

If you are **asymptomatic** and any of the following scenarios apply to your situation:

Scenario	Instructions
<ul style="list-style-type: none"> • Completed the two dose vaccine series for either Pfizer or Moderna within 6 months of your potential exposure or 	<p align="center">You do not need to quarantine but you or</p>
<ul style="list-style-type: none"> • You have recovered from COVID-19 	<p align="center">Follow CDC instructions</p>
<ul style="list-style-type: none"> • Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted or 	<p align="center">Stay home for 7 days after your last exposure. After that continue to wear a mask** around others for 5 additional</p>

immediately. Please note that you will still need to follow MCCCDCOVID-19 protocols (including face coverings and social distancing) after the “quarantine requirements have been fulfilled.